



# SUMMER 2010 Technique week



Located in North Branch on the corner of 399th Street & Grand Avenue (In the

### Details

- 2 Hours per day
- Enhance Flexibility
- Jazz and lyrical combinations
- Breakdown of turns, leaps, and performance
- Designed to improve body placement
- Daily progressions to increase body awareness
- Integrate stretching, core work and strength

[www.desireesdancestudio.com](http://www.desireesdancestudio.com)

Questions? Call 651-210-4220

Or

email us at [desireedance@gmail.com](mailto:desireedance@gmail.com)

## August 9-12, 2010

9:00am-11:00am (ages 7-9)

11:30am-1:30pm (ages 10-13)

2:00pm-4:00pm (ages 14 & up)

**Cost: \$55.00/session**

Reconnect your mind and body!

Mail registration form and check to:

Desiree's Dance Studio

4608 - 361<sup>ST</sup> STREET

NORTH BRANCH, MN 55056

(KEEP TOP PORTION AS YOUR CONFIRMATION)

### REGISTRATION FORM

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

CONFIRMATIONS SENT OUT VIA EMAIL. PLEASE PROVIDE AN EMAIL ADDRESS OR USE TO TOP HALF AS YOUR CONFIRMATION.

EMAIL ADDRESS: \_\_\_\_\_

PLEASE CHECK THE TECHNIQUE WEEK SESSION THAT THE ABOVE STUDENT WILL BE ATTENDING. THE SESSION FEE IS \$55.00:

\*\* FEES CAN ALSO BE PAID THROUGH OUR WEBSITE USING PAYPAL. \*\*

### WAIVER & RELEASE FORM

I fully understand that Desiree's Dance Studio, LLC staff members are not physicians or medical practitioners of any kind. With the above in mind, I hereby release the Desiree's Dance Studio, LLC staff to render temporary first aid to my child or children in the event of any injury or illness, and if deemed necessary by the Desiree's Dance Studio, LLC staff to call our doctor and to seek medical help, including transportation by a Desiree's Dance Studio, LLC staff member or its representatives, whether paid or volunteer, to any health care facility or hospital, or the calling of an ambulance for said child should the Desiree's Dance Studio, LLC staff deem this is necessary.

We, the staff of Desiree's Dance Studio, LLC recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of dance and physical activity. Students may suffer injuries possibly minor, serious or catastrophic in nature. Dance and other physical activities can be dangerous and can lead to injury or death.

Parents should make their children aware of the possibility of injury and encourage their children to follow all of the safety rules and the coaches' and staff member's instructions.

Desiree's Dance Studio, LLC its coaches and other staff members, will not accept responsibility for injuries sustained by any student during the course of dance and other physical activities, or in the course of any exhibition, or clinic in which he/she may participate, or while traveling to or from the event.

With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by Desiree's Dance Studio, LLC, my executors or other representatives, waive and release all rights and claims for damages that my child may have against Desiree's Dance Studio, LLC and its representatives whether paid or volunteer.

I also affirm that I know and will continue to provide proper hospitalization, health, and accident insurance coverage which I consider adequate for both my child's and my own protection.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_